



9 Reaction timer

METHOD

- 1). Cut out the template opposite to the ends of the page.
- 2). Fold in half vertically, so that the scale is on the outside
- 3). Glue together.
- 4). Secure the 2p coin to the bottom with Sellotape.

To use the reaction timer:-

- 1). Hold the reaction timer vertically at the top.
- 2). Arrange for your subject to hold their first finger and thumb opposite the 0 mark on the reaction timer, but not touching it.
- 3). Release the reaction timer. The subject should try to stop the reaction timer by closing their first finger and thumb.
- 4). The time indicated on the reaction timer where their finger and thumb are, represents their reaction time in seconds.

